

Childhood Asthma & Allergies

Dear Dr Mike and Renaissance Chiropractic,

March 200~~X~~Z

I wanted to take the time to write a letter of information and praise for what chiropractic care has done for my son, Joseph

Since the age of 9 months, Joseph was diagnosed with chronic asthma and many many allergies. He had often been put on medicine just to "control" the asthma and to help him breathe. When he was old enough, he was put on daily medicine and an inhaler for emergencies. He would often need his inhaler 3 times a day and would wake up in the middle of night wheezing and needing yet another "treatment" as we called it. When he played outside, he soon would become short of breath and have to sit out and not participate. At age 6, he was put on Singulair daily and Advair. Both are asthma treating medications and without the Singulair, Joe would go into an attack and would need the inhaler to allow his breath again.

We have always been anxious about all the medication Joseph has had to be on. So many, so much, too often. And we didn't even know if he was being treated for the root cause or just the symptoms. In June of 2000, we started having allergy shots to see if this could in fact improve his health. We were thinking long term and hoping this would give him better quality of life as an older child and an adult.

In October of '01, we met Dr Mike and asked questions about asthma and chiropractic care. He followed up with a phone call and we came in for the routine check and X-rays for Joseph. Dr Mike knew they would be able to help and we set up a care plan. We started immediately and stuck with it faithfully. Three times a week, down to twice, and so on. We ran out of his Singulair at the end of Nov. and we decided to see how he would do without it. We ordered the perscription just in case. We were amazed to see that Joe actually was doing well and was maintaining his health without needing that pill everyday! This was a major accomplishment for Joseph.

At the end of February of 2002, 5 months after we started his chiropractic care, I took Joseph back to the allergy specialist to have him retested. They checked his breathing, had him do the usual tests that they always do, and I explained to the dr. what changes we had made in Joseph's care since we had been in there last. At the end of October, we stopped his allergy shots due to a car accident that made it physically hard to me to take Joseph for his shots every other week.

We compared his test results with the ones he has previously had and it showed that since being off his med's and having chiropractic care, his numbers had improved greatly and he was in better condition than he had ever been in. His skin looked good, his breathing was clear, and he was feeling much much better. I was confident that Joseph was responding very well to the chiropractic adjustments and all the care he has received. This was the highest his test results have ever been and he was off one of the "big" medicines. The allergy dr. and I agreed that there is no reason to put him back on the Singulair as of now and that we can discontinue his allergy shots.

I am so very happy to say that Joseph has been feeling better, he can run at recess without needing to sit out and take a break, he's holding his adjustments with just minor issues, and his spirit has been brighter. He has felt the best he has in his entire life and has improved immensely. Dr. Mike has made going to the dr. a lot of fun and an enjoyable experience for Joseph.

I am so thankful for Dr. Mike and his expertise for Joseph. It has been such a relief to be able to free Joseph from a daily medicine and to give the chance of a more holistic way of care. The knowledge we have been presented with and the confidence level in being able to treat Joseph is very reassuring and comforting. We know that the root cause is being treated and cared for and praise God we are seeing the results!

Thank you so much for all that you have done. It~~s~~ has been a blessing.

Julie Benedict