



Tuesday, November 05, 2002

**Renaissance Chiropractic Center
4902 Tacoma Mall Blvd.
Tacoma, Washington 98409-7149**

I had heard nothing but horror stories about Chiropractors. I have suffered from Fibromyalgia, for the last ten years. Which is very painful and also had a lot of pain in my neck. I had gone to Physical Therapy, which was recommended by my Arthritis doctor. After three months of treatment and a bill to pay to find out a week later that I was still in continues pain.

I workout at 24 hour fitness and happened to see a flyer for the club members to have your spine check at Renaissance Chiropractic. I evaluated the situation of going there until I could no longer deal with the headaches. I made an appointment and found out a lot of problems that was occurring due to the alignment of my spine.

I got Dr. Doug Long as my main Chiropractor. He has been my guardian angel. Within the next few visits I could already feel the change. The headaches were going away my body and energy level was coming back to me. I am now coming in every two weeks and will be in maintenance soon.

The staff here is wonderful and very helpful. The Chiropractors are all real caring and always look out for your needs.

Thank you for all your help.

Sondra Petak