To Whom It May Concern:

I couldn't wait to write this affirmation for chiropractic services.

I've been coming to Renaissance Chiropractic Center for a little over a year, originally to get relief for a constant lower back pain I suffered for about 2 years. That pain been completely alleviated.

In mid-January, I suffered a herniated disk in my upper spine (6 and 7), and was in excruciating pain. I immediately made an appointment with my neurosurgeon, as I experienced this before about 12 years ago. At that time, I had microscopic surgery.

Since I couldn't get in to see my neurosurgeon for about 6 weeks (?), I gave the MRI results to Dr. Michael Long at Renaisssance for his opinion. He had me increase my maintenance schedule from once a month to twice a week.

As the neurosurgeon's office kept postponing my appointments (due to the doctor's scheduling conflicts), I continued to see Dr. Mike twice a week.

It has been 4 months since the disk herniated. I have yet to see the neurosurgeon and actually asked them to cancel my appointment to come in. My left shoulder blade pain, the discomfort and tingling sensation in my left arm, and the weakness in my left hand is almost gone.

I honestly recommend chiropractic procedures as an alternative to other means of relief. It has been proven, more than once, to me. Co-incidence? I don't think so.

Sincerely,

J&Anette Colyer