

# "MY REPORT OF PROGRESS"

*Please take a moment to write out your thoughts on your progress, your changes or even the miracles that you have had or seen while participating in chiropractic care.*

I am a very skeptical person. In just about everything that I see and do I want proof. And why not in today's deceptive medical climate, which is based more on political agendas and making money than helping the people who desperately need the care? If it can't be quantified and observed on a repeatable basis I do not believe it. This trait of mine is not inherent but has been learned through observing naive optimism and deceptive human nature. Much of ones time, money and resources can be wasted on ignorant medical practices which result in taking some drug for temporary pain relief or as a placebo but in the end they do nothing to help and in some cases even harm. I have experienced this first hand and have walked away from the treatment with the same affliction, a bottle of pills and a light wallet.

Around six months ago I was playing hockey in Montana and some gorilla of a man came out of nowhere and clobbered me. I got up from the hit and realized my right arm was in terrible pain. I thought I could shake it off and continue playing but the more I moved the arm the more excruciating the pain became. I couldn't even move the arm above my shoulder. The next day I went to the doctor and was told I pulled some muscles and to wait for it to heal itself. Well, I waited and it certainly did not heal itself. So I found myself another doctor, an expensive doctor in the best hospital in town. I figured I am paying for a quality doctor and I am finally going to get a quality result. The doctor stated with great certainty that "my clavicle had serrated from my sternum in the accident". I ask if she was sure. She was as sure of this as the floor we were standing. I was told that they could do nothing and it would take a couple of months to heal. After a couple of months my pain had subsided but my shoulder did not have its full rotation and extreme pain occurred in certain positions. Not only did my shoulder still hurt and pop, but the right side of my neck was cramping up, my head hurt constantly, my lower back was in pain, and I had endless hiccups. I'm only 24 years old and I knew I shouldn't be in this condition. As a last resort I turned to chiropractic. Now you have to understand I have always thought chiropractors were glorified overpriced masseuses. So for me to turn to a chiropractor was really a last resort.

I was at work tearing out a bathroom and rebuilding a wheelchair compatible one for a handicapped customer when his phone rang. No one was going to answer it so I did. It was a telemarketer cold calling and just before I was going to hang up on them they offered a free visit including X-rays to Renaissance Chiropractic. Free being the opportune word I made the appointment. Dr. Devin checked me out and gave me a fairly clear explanation about what was going on. I was made to understand that the problem was correctable with the proper treatment. As a professional skeptic I had my doubts but felt I had to give the treatment a shot. The first week of treatment my clavicle was adjusted to its correct position so was my neck and my back. To my surprise after the muscle soreness from the initial adjustment wore off, I actually felt better. Now I don't mean a psychosomatic feeling of well- being better. I actually had the full function back in my shoulder, the popping was dramatically decreased, the pain in the right side of my neck was gone, the headaches disappeared, my lower back was feeling better, and my daily hiccups had gone away completely. It is amazing to see the speed at which ones body can recover once the actual problem is identified and correct. If I were smart I would have undergone chiropractic treatment immediately after my hockey accident. It would have saved me all kinds of time and money. I am grateful to Dr. Devin Long for making the correct diagnosis and correcting the problem. It is very much appreciated.

*Renaissance Chiropractic Center has my permission to display these comments and/or statements in their entirety.*

Sign: \_\_\_\_\_

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